

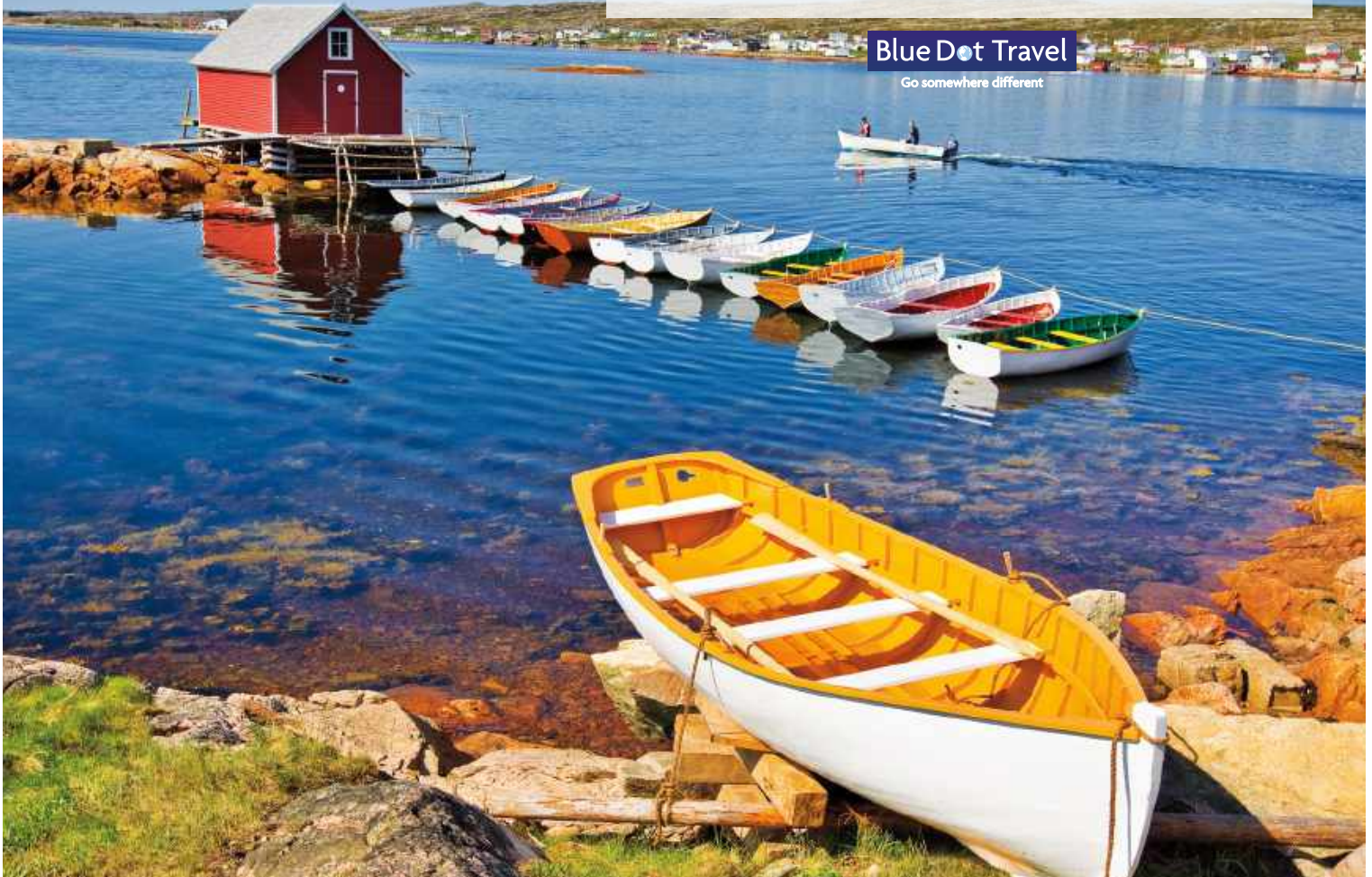
# Canada's Atlantic Coast

New Brunswick, Newfoundland,  
Labrador, Nova Scotia and Prince  
Edward Island

Departs 7th August, 2023

Blue Dot Travel

Go somewhere different







**\$15,490 pp**

Twin-share. Excludes international flights.  
Single supp \$2,150

## **CANADA'S ATLANTIC COAST**

### **NEW BRUNSWICK, NEWFOUNDLAND, LABRADOR, NOVA SCOTIA, AND PRINCE EDWARD ISLAND**

Canada is generally regarded as one of the most scenic places on the planet. The world's second-largest country in area has many varied landscapes from mountains, vast plains, ice-capped regions, thousands of lakes and here in the Atlantic provinces, an extensive rugged coastline. Europeans first arrived in the late 15th century when Italian explorer Giovanni Caboto – on behalf of King Henry VII of England - documented bays full of fish and forests full of wildlife. By the early 16th century, the French were sending their own explorers and settled Quebec. Later the British were settling colonies around Hudson Bay. As was the norm in these times, the major Colonialists fought over territories and eventually in 1763, the Treaty of Paris – subsequent to the 7 Year War in Europe - ceded North America to the British.

The Eastern Atlantic Provinces, locally referred to as “the Maritimes”, are dominated by the sea both historically and geographically. They sat at the heart of the early European struggles, and the legacy of these early influences remains. This region has maintained a unique culture and quirky nature that feels far removed from the rest of the nation; you'll enjoy a warm welcome, and down to earth hospitality. The ocean has also defined their dramatic landscapes which are at the same time rugged and picturesque. They are home to a stunning array of whales and marine life .... not to mention the freshest, tastiest lobster in the world.

This tour discovers the scenic parts of Canada's Atlantic where you'll meet friendly locals, learn about the ancient and colonial history, spot wildlife and breathe intoxicating air that is clean and fresh. Join us and don't forget your camera!



**Day 1, Monday 7th August**  
In transit

Today, we'll depart Sydney or Melbourne for Halifax (all flights to be confirmed). Depending on flight schedules, accommodation in Halifax on August 1st may be required, at additional cost. On arrival into Halifax, we'll be greeted at the airport and transferred to the hotel – The Westin (or similar) where you'll stay for two or three nights depending on flight arrival. *Meals in flight*

**Day 2, Tuesday 8th August**  
Halifax

Given the long transit, we'll have a little down time before meeting today to explore this pretty city. Halifax is the provincial capital of Nova Scotia. Once known for its maritime history and port, it is now a busy business centre with around 450,000 inhabitants. This evening we'll meet for a welcome dinner. *B/D*

**Day 3, Wednesday 9th August**  
Peggy's Cove and Lunenburg

This morning, we will discover the rustic charm of the renowned fishing village of Peggy's Cove where you will enjoy breakfast overlooking one of the most photographed lighthouses in the world. Continue to the UNESCO World Heritage Town of Lunenburg, renowned for her fleets of Grand Banks' fishing schooners. We'll head back to Halifax late in the afternoon. *B/D*

 **Day 4, Thursday 10th August**  
Halifax – Moncton

Today, we will travel through the area known as the Bay of Fundy. While enroute to Moncton, we'll stop at Joggins Fossil Cliffs, a UNESCO World Heritage site, with the services of a park representative. At Joggins Fossil Cliffs we will see magnificently exposed layers of rock revealing the world's most complete fossil record of life in the "Coal Age" of 300 million years ago. After crossing into New Brunswick, an unforgettable culinary experience awaits you as we cruise the warm waters of Shediac Bay aboard a lobster boat where we'll learn about the fishing industry and enjoy a delicious lobster supper. Tonight you'll stay at the Crown Plaza Moncton (or similar). *B/L/D*

**Day 5, Friday 11th August**  
Moncton – Charlottetown

Today we will travel from Moncton to Hopewell Cape (about 1/2 hour). Here, we'll spend a few hours walking through this beautiful coastline. Then the group will travel from Hopewell Rocks to Charlottetown via the link of Confederation Bridge. This drive is around 2.5 hours so we will arrive at Charlottetown late in the afternoon. You'll stay at the Rodd Royalty (or similar) for two nights. *B/D*

**Day 6, Saturday 12th August**  
Charlottetown – Prince Edward Island

After breakfast we take a walking tour of Charlottetown. Known as the birthplace of Confederation in Canada, there are a number of historic buildings to visit. Later, drive by the red cliffs, white beaches, gently sloping sand dunes and green fields of Prince Edward Island National Park and visit



Anne of Green Gables Heritage Place, the inspiration of Lucy Maud Montgomery's classic books. Experience true Maritime hospitality at a traditional lobster supper. *B/D*

### Day 7, Sunday 13th August Charlottetown – Baddeck

Today we'll ferry over the Northumberland Strait (about 75 minutes) to Cape Breton Island, the Scotland of North America. On arrival in Caribou, it is then about a 2.5 hour drive to Baddeck where we'll spend some time at the Alexander Graham Bell Museum, then on to the National Historic Site to learn of the accomplishments of this genius who made his home on the island. You'll stay at the Inverary Resort (or similar) for one night. *B/D*



### Day 8, Monday 14th August The Cabot Trail

Experience one of the most stunningly picturesque drives in North America today as we tour the Cabot Trail which winds around the rocky

splendour of Cape Breton's northern shore, ascending to the incredible plateaus of Cape Breton Highlands National Park. We'll experience the unforgettable vistas of Cape Breton's rugged coastline. The Cabot Trail loops northern Cape Breton and runs for nearly 300 kilometres. Approximately one-third (106 km) of the Cabot Trail is located within the park's boundaries. Don't worry, we won't be making you walk the whole 300kms! Enjoy dinner in Sydney (no, not our Sydney) this evening before departing for North Sydney to board a relaxing overnight Marine Atlantic ferry to Port-aux-Basques, our port of entry on the island of Newfoundland. Overnight at the Marine Atlantic (or similar). *B/L/D*

### Day 9, Tuesday 15th August Port Aux Basques – Port Au Choix

Today entails about 6 hours of driving. Enjoy breakfast in Port-aux-Basques before driving through the Codroy Valley and Corner Brook as we make our way towards Gros Morne National Park. Our journey continues through the park – to be further enjoyed later in the tour – for a late lunch at Rocky Harbour. Continue through the Park to the fishing community of Port au Choix before checking in to our accommodation for the night at basic but comfortable Sea Echo Motel. *B/L/D*

### Day 10, Wednesday 16th August Port Au Choix – L'Anse Au Clair

Board the ferry to Labrador to visit Red Bay National Historic Site, a UNESCO World Heritage Site, where the Basques had a whaling station in the 16th century. This mystical place takes the essence of Labrador coastal living and transposes it onto a tapestry of rich culture and history. Check into the Northern Light Inn for the one night. *B/D*

### Day 11, Thursday 17th August L'Anse Au Clair – St Anthony

Return to Newfoundland and travel to L'Anse aux Meadows National Historic Site, the first cultural discovery in the world to receive recognition as a UNESCO World Heritage Site. Hear of the Vikings who walked here over a thousand years ago. We'll take the ferry from Blanc Sablon back to St. Barbe and then travel to St. Anthony (about a 1.5 hour drive) and check in to the Hotel North for one night. *B/D*

### Day 12, Friday 18th August St Anthony – Cow Head

This morning, we will enjoy a boat tour (weather permitting) with a local biologist and wildlife expert who will give us the opportunity to see whales, dolphins, sea birds and sea caves. Next visit Grenfell Historic Properties to learn about the famous medical missionary, Sir Wilfred Grenfell. Continue to Cow Head in Gros Morne National Park where we will spend the next two nights at the Shallow Bay Hotel (or similar). *B/D*



### Day 13, Saturday 19th August Gros Morne

Discover why Gros Morne National Park, a UNESCO World Heritage Site, is truly one of the highlights of our trip with a scenic boat tour on Bonne Bay. We'll be on the look-out for the bald eagles that frequent the deep waters of the fjord. We'll also visit the Tablelands, a flat-topped mountain of rock of a kind usually found only deep in the earth's mantle, and an inspiring sight. *B/L/D*

### Day 14, Sunday 20th August Cow Head – Gander

Today is a day of driving (approx. 6 hours), with rugged views all the way. Newfoundland is vast territory and getting from point A to B does take time. On arrival in Gander we will visit the North Atlantic Aviation Museum. The Museum houses memorabilia from 9/11 noting Gander's role in assisting with the relief effort when all flights were grounded. Check into Sinbad's of Gander or similar for one night. *B/L/D*

### Day 15, Monday 21st August Gander – St. Johns

From Gander, the drive to St. John's is roughly three hours. Once arrived in St. John's, we'll have lunch and enjoy a city tour of the provincial capital. The view from Signal Hill overlooking the harbour is breathtaking. North America's oldest city and Newfoundland's capital boasts a stunning location on the granite cliffs and slopes of the Avalon Peninsula. Dinner is at your leisure tonight. Check in to Delta Street Hotel (or similar) for two nights. *B/L*

### Day 16, Tuesday 22nd August St. John's

Today we'll visit Bay Bulls for a cruise in the Witless Bay Ecological Reserve to search for puffins and other seabirds. Next a visit to the most easterly point in North America, Cape Spear National Historic Site. Tonight, there is a special farewell dinner planned to recap on our amazing adventure to Canada's North East. *B/D*

### Day 17, Wednesday 23rd August Departure for Montreal add-on, or home

This morning after breakfast, we'll check out of the hotel and head to the airport for our flight home, most likely via Montreal. (All flights to be advised). For those interested, we can arrange for a three night stay in Montreal. This would be unguided and un-hosted, however, we will provide a list of places of interest with things to see and do during your stay. The cost for this is \$1,245 per room (double or twin) or \$1,050 per room (single) including breakfast. *B*

### Day 18, Thursday 24th August

In transit.



Icon indicates a day where there is **moderate physical exertion**. A basic level of fitness is required: eg. A trek over 'mostly flat' terrain or climbing several flights of steps without the support of handrails or elevators.



Icon indicates a day where there is a **particularly active section**. A good level of fitness is required: eg. A longer trek over non-groomed, uneven terrain, or ascending to reach a panorama. May also include exposure to higher altitude. **An alternate activity may be offered if you choose to sit out an active section.** Please call - we are happy to discuss each tour in more detail.