

CYPRUS, CRETE AND RHODES

There is something undeniably artistic in the way the landscape of Crete unfolds, from the sun-drenched beaches in the north to rugged canyons spilling into a cove-riddled and cliff-studded south coast. In between the valleys, villages are cradled in the landscape and the gorges have a cave where Zeus was born.

Crete's natural beauty is equalled only by the richness of its history. The island is the birthplace of the first advanced society on European soil, the Minoans, who ruled over much of the Aegean some 4,000 years ago. You'll find vestiges of this mysterious civilisation all over Crete, including the famous "Palace of Knossos" and the legend of the labyrinth of King Minos and the slaying of the Minotaur by Theseus to save the kings daughter, Aradne. At the crossroads of three continents, Crete has been coveted and occupied by consecutive invaders.

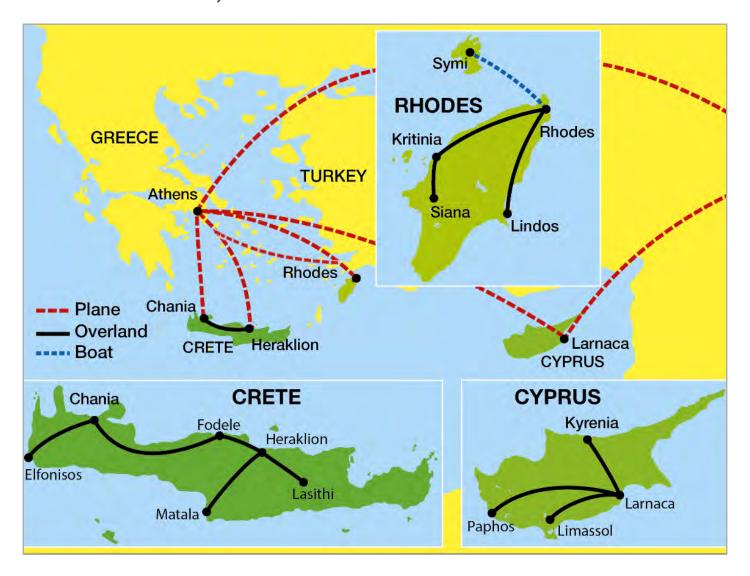
History imbues the air in the old towns of Chania and Rethymno where labyrinthine lanes, laid out by the Venetians, are lorded over by mighty fortresses and where gorgeously restored Renaissance mansions rub rafters with mosques and Turkish bathhouses. In the end though, it is the people that create the most vivid memories. Crete's people champion their unforgettable unique culture, customs and time—honoured traditions.

Rhodes is rightly celebrated for the splendour of its medieval architecture and the evocative old town and it is generally considered one of the most beautiful of the Greek Islands. The crusader Knights of St John (1309-1522) called Rhodes home after their expulsion from the Holy Land, and it is their legacy of massive castles and the old town that we enjoy today. Here, according to legend, stood the Colossos of Rhodes, a bronze statue of Helios, the Sun-God, erected in 290BC, standing astride the harbour entrance and one of the Seven Wonders of the Ancient World.

The story of Cyprus' tumultuous past is told through its historic sites, its Roman ruins, its multi-faceted museums and its dusty urban streets. This ease of accessibility is highlighted in Paphos, where one of the most important archaeological sites sprawls like an ancient theme park next to

a tourist resort. Experience the intrinsically different Greek and Turkish societies of modern Cyprus, the fractured identity, a passionate people and a culture, landscape and lifestyle that capture the imagination and are full of surprises.

CYPRUS, CRETE AND RHODES - ITINERARY



Day 1 TRANSIT

Australia to Larnaca. Sydney customers depart EK419 at 18.45hrs for Dubai, connecting with EK109 at 07.55hrs for Larnaca, Cyprus. Melbourne customers depart EK407 at 21.25hrs connecting with same flight to Larnaca. Afternoon is at leisure – no formal plans. *Note, all flights are to be confirmed and are subject to change. *Meals in flight*.

CYPRUS - 6 NIGHTS

Day 2 LARNACA

Arrival in Larnaca 11.10hrs from Dubai, transfer and rest after your long flight. Check in to the Lvadhiotis Hotel. Welcome dinner is at a local tavern, walking distance from the hotel. D

Day 3 KYRENIA – NICOSIA

Northern Cyprus has been occupied by Turkey since 1974. You will need to carry your passport with you today and tomorrow as we are entering Turkish territory. We'll drive past the beautiful landscape of the Pentadaktylos, meaning 'Five Fingers,' mountain range. The first stop in the North is to Bellapais Abbey, situated in the village of Bellapais and well famous in the novel "Bitter Lemons" by Lawrence Durrell. This monastery is considered one of the best-preserved examples of gothic architecture on the island and is built

almost entirely out of local limestone. Plenty of time will be devoted to explore the picturesque town of Kyrenia with its horseshoe-shaped harbour, its spectacular medieval castle and maze of narrow streets with finely preserved stone houses. The most important monument inside the town is the Kerynia Castle Museum which has, amongst other exhibits, a famous Shipwreck dating to circa 300 BC. From Kyrenia we go in Nicosia ("Lefkosia"), the only divided capital city in the world. We enter the city by driving along the Green Line, the capital's dividing borderline. Passing by the newly restored Famagusta Gate, we proceed to the Archbishop's Palace where we visit St. John's Cathedral. Our tour continues to the picturesque old quarter of "Laiki Yitonia" where you'll have time for a walk around the charming winding alleyways lined with numerous traditional houses, shops and galleries. Dinner at a fish tavern. Overnight at Livadhiotis Hotel, Larnaca. B/D

Day 4 FAMAGUSTA – SALAMIS – AYIA NAPA

On the eastern side of the island lies the beautiful coastal town of Famagusta, trapped in a time-lock since the Turkish invasion in Cyprus in 1974. We'll explore the old city medieval walls, the spectacular Gothic Cathedral of St. Nicholas, now operating as a mosque and the famous 'Othello's Tower'. Stroll through narrow streets, shop in the Bazaar and then we drive close to the 'Ghost Town', the sealed-off area of Famagusta. Together we will discover the historical background of Famagusta, with

visits to the ancient capital Salamis, founded in 11th Century B.C. right after the Trojan War, by the archer Teucer who came from the Greek island of Salamis. Then a guided tour around the archeological site which includes a beautiful ancient Greek theatre, Hellenistic theatres and Roman Colonnades. Our last stop will be in Ayia Napa, one of the most well known resorts in the Mediterranean Sea. Around 1500 AD, a monastery was built around the cave, in honour of the Virgin Mary of Ayia Napa. Dinner at a restaurant by Larnaca Promenade, overnight at Livadhiotis Hotel, Larnaca. *B/D*

Day 5 KOLOSSI – KOURION – PETRA TOU ROMIOU – PANAYIA – PAPHOS

Today, our excursion will be all about history, legends and the spectacular views over some of the most beautiful parts of Cyprus. The first visit will be at the Crusader Castle of Kolossi, a fine example of military architecture. Then we stop at the ancient city of Kourion, where you'll see the famous Greco-Roman theatre and mosaics and enjoy the view that the Greeks and Romans had inside this amazing ancient city. Archaeological evidence and historical sources depict Kourion as one of the most important ancient kingdoms of Cyprus. Our journey will continue crossing the Episkopi, British military base



and the next stop will be at Aphrodite's Rock, one of the islands most famous attractions. Here you will see the place where, according to legend, the Goddess of Love and Beauty was born from the foam of the sea. Then on to the Chrysorrogiatissa Monastery, established in 1152. Lunch is included in a family owned winery, Vouni Panagia. Our last stop will be in Paphos, a UNESCO in the World Heritage Site. Discover the remarkable history of this city, passing by the Catacombs of St. Solomoni, the Pillar of St. Paul and visiting the

House of Dionysos. Check in at Kapetanios Odyssia Hotel Limassol. Dinner at local restaurant in the old city of Limassol. B/L/D

Day 6 THE BATHS OF APHRODITE – AKAMAS

Today's excursion is optional and more appropriate for the fitter amongst the group. Those joining the light-medium trekking will wind your way through beautiful forests, canyons, and deserted beaches. The Akamas peninsula, named after an Athenian warrior and son of Theseus, who arrived here after the Trojan war, is a unique area, both geologically and physiographically with regard to flora and fauna. The area has one of the favourite stories of the mythological goddess Aphrodite. Legend has it that after swimming in the crystal clear waters of the bay, she would walk up the hill and bathe in a pool fed by a freshwater mountain spring dripping down the sides of a shady grotto overhung by a leafy fig tree, which has come to be known as the Baths of Aphrodite. Here is the place where Adonis saw and fell in love with her while hunting in the Akamas forest. (Important, this is only for those fit enough to walk for a few hours through bushland and up and down hills). Those not joining can spend the day at leisure. Dinner tonight is at a seafood restaurant, transfer included. A lunch box for the trekkers can be arranged (at cost) if required. Overnight at Hotel Kapetanios Odyssia, Limassol. B/D

Day 7 KAKOPETRIA – KYKKOS – OMODHOS

After breakfast, we'll drive towards Troodos Mountains, the biggest mountain range in Cyprus, located in the centre of the island. Troodos' highest peak is Mount Olympus at 1,952mtrs and it is considered to be the green heart of the island. There are many famous mountain resorts, Byzantine monasteries and churches on mountain peaks, and nestling in its valleys are villages clinging to terraced hill slopes. Our first stop is at Kakopetria, a well-preserved village with traditional picturesque houses dating back to the 14th century AD. Following Kakopetria, you will experience one of the wealthiest monasteries in Cyprus, Kykkos. The Holy Monastery of the Virgin of Kykkos was founded around the end of the 11th century by the Byzantine emperor Alexios I Komnenos (1081 – 1118) and lies at an altitude of 1318m on the north west face of Troodos Mountains. The day ends with a stop in another traditional village called Omodos, known as one of the best wine producing villages in the island. To top off our day, we step into a winery where we'll learn how-to and history of the island's wines. And of course, there'll be a chance to try and buy some while you're there! Overnight and dinner at the Hotel Kapetanios Odyssia, Limassol

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CRETE - 8 NIGHTS

Day 8 CRETE

Today we say goodbye to Cyprus and depart for Heraklion, Crete via Athens on flight A3 903 at 10.45hrs arriving Athens at 12.30.. Connect to flight A3 314 for Heraklion at 14.00hrs arriving there at 14.50. Transfer to our hotel The Astoria, where we will spend the next 4 nights. Overnight and dinner at Hotel Astoria B/D

Day 9 HERAKLION CITY TOUR AND KNOSSOS

After breakfast we'll tour Heraklion city on foot. We'll visit the archaelogical museum which has the most artifacts from the Minoan Period – second only to Athens. Here are the treasures of Knossos, Phaestos, Zakros and other sites in Crete, a most remarkable collection ranging from Neolithic to Roman times. It is regarded as one of the most important museums in Europe. Then we'll be taken to Peza winery, one of the most popular wineries in Crete, south of Heraklion, before heading to Knossos Palace the centre of the great Minoan Civilisation and the Palace of the legendary King Minos. Constant habitation for 9,000 years has brought about great changes to the natural environment, so it is hard to imagine what the Minoan landscape was like. *B/D*

Day 10 THE LASSITHI PLAINS

Today we visit the Lassithi Plain famous for its 10,000 windmills built by the Venetians to irrigate this fertile plateau. We'll visit of the cave of Psychro, one of the 3,000 caves in Crete. It is in the impressive Dikteon Cave, rich in stalagmites and stalactites, that Zeus was born according to legend. Our drive continues with our descend to the ancient city of Lato the ruins of which are located approximately 3km from the small town of Kritsa. On the way back we stop in Aghios Nikolaos for a coffee break and shopping or just a stroll through the town. Tonight's dinner is a typical Cretian experience with folk show. *B/D*

Day 11 MATALA & SURROUNDINGS

Bring your swimming gear today! Today starts with a scenic tour to the south of Crete. We'll visit two famous sites: the Minoan Palace of Phaestos. Overlooking the Messara plain Phaistos is one of the most important archaeological sites in

Crete. The first palace of Phaistos was built in circa 2000 BC. Its mythical founder was Minos himself and its first king was his brother Radamanthys. Then we'll visit Gortys, a Roman city famous for its "Law Stones". We'll also visit the amphitheatre and the churchof St. Titus, the first Christian church on the island. Next, off to Matala for some swimming (weather permitting). The artificial caves in the cliff of the Matala Bay were created in the Neolithic Age. Matala was the port of Phaistos during the Minoan period. In the year 220 BC. Matala was occupied by the Gortynians and during the Roman period Matala became the port of Gortys. In the 1st and 2nd centuries the caves were used as tombs. Matala was then a fishing village. In the 1960s the caves were occupied by hippies who were later driven out by the church and the military junta. Our last stop brings us to the monastery of Kaliviani. It took its name from the close by village of Kalivia, which is why it has been named Panagia (Virgin Mary) Kaliviani. Overnight at the Hotel Astoria B/D

Day 12 HERAKLION - RETHYMNO

We leave Heraklion with our luggage on the coach and begin our drive along the west coast. We will enjoy a visit to the small museum of the famous Medieval artist: El Greco (real name Domenikos Theotokopolous, 1541 to 1614) who was born here. Then we will visit the town of Rethymno. We'll wander around its narrow lanes, admire the interesting mixture of Venetian and Turkish architecture, visit the new town with its variety of shops and cafeterias and of course see the famous Venetian fortress. Our drive on the west coast will include the small village of Fodele, built in an area of orange groves. According to historians, this was the site of the ancient town of Astali, and it remains a central destination for visitors. We arrive at Chania late in the afternoon and check in to our hotel - The Kydon - for the rest of our stay in Crete. B/D

Day 13 CHANIA CITY TOUR

We start our day with a walking tour. First stop after breakfast is to sample tasty traditional specialty cream pie, which in Greek is known as "Bougatsa". Then we visit the Orthodox Church in Chania near our hotel and the Archaeological Museum. The collections include Minoan artifacts from the city of Chania, prehistoric items from caves and many other historical discoveries from the city of Chania and several other towns. After this, we'll walk through the well preserved old city and the Venetian port. The Venetian, Turkish and Jewish quarters have well preserved buildings in narrow picturesque streets. Free time for shopping with leather goods being a specialty! Overnight at the Hotel Kydon. *B/D*

Day 14 APTERA AND RUINS

After breakfast we travel by coach to Akrotiri peninsula. We will visit the Monastery of Aghia Triada (the Holy Trinity) the biggest monastery in Crete. The Monastery used to have a lot of precious items, which were destroyed or pillaged by the Ottomans during the Greek Revolution of 1821. Then we'll drive to the ruins of Aptera, founded in the 7th century BC. Our coach will then take us to a farmhouse which has family-made products for sale. Then we proceed to the small villages of Vrises - renowned for its goat cheese and yoghurt. After this we will drive to Georgioupolis, a beautiful village situated on the northern coast of Crete, with a backdrop of spectacular mountain scenery - and a great place for coffee! Return to your the Hotel Kydon. *B/D*

Day 15 MALAXA & ELAFONISO

Pack your swimming costume this morning. After breakfast we are off to Malaxa which lies at the foot of the white mountains.

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We'll visit Vouves to see one of the oldest olive trees in the world still producing. She is said to be at least 2,000 years old and possibly up to 4,000 years old! Finally we reach the days final destination of Elafonisos for swimming and free time – Elafonisi is a small islet connected to the rest of Crete by a shallow reef that can be crossed when the sea is calm. This islet lies on the South-West corner of Crete. Return to your hotel in Chania, the Hotel Kydon. *B/D*.

RHODES - 5 NIGHTS

Day 16 TRANSFER TO RHODES

Today is free time to explore Chania at leisure before we depart for our flight to Rhodes via Athens. Depart Chania on A3 7337 for Athens at 18.25hrs arriving 19.15. Depart Athens on A3 218 at 21.40hrs arriving 22.40. On our arrival we'll transfer to our hotel the Best Western. As the island is not big, we'll stay at the same hotel during our 5 night stay in Rhodes. Due to our late arrival in to Rhodes, dinner will be a cold platter delivered to your room. *B/D*

Day 17 RHODES CITY TOUR AND FILERIMOS

After breakfast time to explore Rhodes, which was registered as UNESCO world cultural heritage in 1988. It is considered to be the most well-preserved and one of the most densely populated medieval European towns. A naval superpower of the Hellenistic epoch and a target for numerous conquerors, modern Rhodes is a cosmopolitan centre concealing lots of surprises. Touch the antiquity and visit Acropolis of Rhodes. In the archaeological reserve buried in verdure, you see the stadium where the first Pythian Games took place, the Odeum which was a school of oratory and Pythia Apollo Temple. Learn the story of the Seventh Wonder of the World - famous Colossus of Rhodes. You will visit the port of Mandraki where you will be told about the authenticity of gigantic statue existence which served as a lighthouse for the ships entering the harbour. Walk along the paved streets of the Old Town which is an integral part of an everyday life of Rhodes inhabitants. See the Grand Masters Palace and the Hospital of Knights, Gothic temples, arches and rotundas, Byzantine churches, Turkish bath working to this day, Muslim mosques, minaret.

squares with fountains, two-storeyed houses with flowery yards, museums and art galleries. Today you will also visit the ancient town of lalysos and the hill of Filerimos,



the early Christian basilica, the Church of Virgin Mary with the medieval monastery lies close to the ruins of ancient Temple of Athena Poliada. Overnight at the Best Western. *B/D*

DAY TRIP BY FERRY TO SYMI ISLAND

First stop on the gorgeous island of Symi is the harbour with the Monastery of Panormitis. You will see the miracle-working icon of the Archangel Michael that has attracted pilgrims and seafarers for centuries, as St. Michael is considered to be a patron of all those sailing the seas. After walking along the seafront and the shady side streets of the town, you will quickly appreciate the beauty of this island. Local people are renowned seamen and sea builders. In their shops you can buy all the treasures of the sea. Overnight at the Best Western. B/D

Day 19 EAST SIDE OF RHODES

Bring a torch and wear your walking shoes today. After breakfast, we'll head off for the East coast, to visit the charming bays and beaches as well as small settlements on the Eastern part of the island. Lindos, established around 3500 years ago, stretches out in an azure bay. Walking through the town, you'll see traditional architecture, cozy shady streets, mosaic paths and house yards. Situated at the top of a steep rock, The Acropolis of Lindos harmoniously combined the Temple of Athena Lindia, Byzantine church, Roman temple ruins, the medieval castle and a strong pinion wall encircling



the complex. From the height ofthe Acropolis you can enjoy stupendous views of the sea and the mountains as well as St.Paul's azure bay. To make a town tour or ascend Acropolis, you can use traditional Lindos taxi - donkeys (at a nominal cost). Today you will also explore the Seven Springs. According to the legend, the water in these brooks is miraculous. You might want to walk through the tunnel built by the Italians during the war. It's more than 180m in length and only for those who like a challenge (and own a torch). It leads to the shore of an artificial

lake and is quite an adventure. Overnight at the Best Western. $B\!\!\!/D$

Day 20 WEST SIDE OF RHODES

Today we explore the west side of the island starting with a visit to the small harbour of ancient Kamiros and The Castle of Kritinia with its ruins of St.Paul's church perched high above the sea. We will have lunch (included today) in the quaint village of Embona, high in the hills near the island's highest point, Mt Ataviros. We will visit the local winery of Embona to see how they produce the region's wines and taste the local produce. After this you'll travel to Siana for a stroll through the village and a visit to the Pantelemion Church. Much of the local produce in Siana makes for good souvenirs and gifts. *B/L/D*

Day 21 ATHENS

Today we depart Rhodes on flight A3 207 at 11.30hrs arriving in to Athens at 12.30. On arrival, we will be transferred to our hotel The Phillipos. Time spent in Athens is at your own leisure and is unguided and unhosted. We suggest the Hop On Hop Off bus is always a great way to see a city. Breakfast is included but all other meals are at your own expense. **B**

Day 22 ATHENS – DUBAI

Prior to your flight home via Dubai, your day is at leisure. Your flight is EK106 at 16.00hrs, arriving Dubai at 21.35hrs, then transfer for your flight home. *Meals in flight.*

Day 23 DEPARTURE

Arrive home to your Australian city from Dubai. Sydney passengers arrive home 22.05hrs.